



**The Gathering** --- Unite in prayer with Christians across America through this simulcast with Dr. Tony Evans, Anne Graham Lotz, Kay Arthur and many more, Sept. 21 at 7 pm in Wesley Hall. Pray for our nation, church, families and personal lives--don't miss what promises to be a deeply meaningful solemn assembly.

**Sunday Dinner** --- You're invited to a come and go country cookin' fellowship lunch today in the Fellowship Hall, 11 am-1:30 pm. This event benefits Frazer's Community Ministries United Appeal. Adults \$10; Children 4-12, \$5; 3 years old and younger, free. Tickets available in the bookstore.

**Baton Rouge Mission Trip** --- Frazer will take a bus to Baton Rouge, LA to assist in the flood clean up. The bus will leave Thursday, Sept. 22 at 8 am and return the evening of Sunday, Sept. 25. Cost is 30\$ per person and the registration deadline is Monday, Sept. 19. Contact Rebecca Bright at 334-495-6388 or [rbright@frazer.church](mailto:rbright@frazer.church) for more information.

**Christmas Store Informational Meeting** --- Learn more about the Community Christmas Store and how you can be a part of this great event. Meeting is today, 2 pm, Room 3103.

**Fourth Thursday** --- Join us for Older Adults' Fourth Thursday Games and Fellowship Sept. 22 at 9 am in the Fellowship Hall. Lunch will be served at 11:45 for a cost of \$5. No reservations necessary.

**Celebrate Jesus-7 Days of Prayer** --- Join in praying for how God is moving through the Frazer Family, Oct. 10-16 at 6:30am in the Sanctuary. Come to the Sanctuary for a 30 minute time of prayer or join in through live streaming. Let's unite in calling out to our Heavenly Father and surrendering our lives for His glory.

**Trail Life USA** --- Love the great outdoors? Want to help build up young men to be Godly husbands, fathers, and citizens? Leaders are needed for this new outdoor ministry that works with boys and young men ages 5 to 25. For more information email [phillip.smith@live.com](mailto:phillip.smith@live.com) or visit [traillifeusa.com](http://traillifeusa.com).

**Meals on Wheels** --- Please help this outreach ministry to shut-ins, by donating coffee bricks this fall. Look for the Community Ministries Donations carts in the atrium. Thank you! For more information contact Robin Vandermey at [robin@frazerumc.org](mailto:robin@frazerumc.org).



SUNDAY, SEPTEMBER 18, 2016

# 4<sup>TH</sup> AND LONG

HOW GOD BREAKS THROUGH YOUR IMPOSSIBLE SITUATIONS

WEEK 1: DOWN AT THE HALF

WEEK 2: HAIL MARY

WEEK 3: GAME OVER

WEEK 4: REBUILDING YEAR

**4<sup>th</sup> and Long**  
**Week 2—Hail Mary**  
Numbers 11

**4<sup>th</sup> and long can tempt us into complaint and spiritual decline.**

“The people of Israel began to complain: ‘Oh, for some meat!’ they exclaimed. ‘We remember all the fish we used to eat for free in Egypt. And we had all the cucumbers, melons, leeks, onions, and garlic that we wanted. But now our appetites are gone, and day after day we have nothing to eat but this manna!’” Number 11:4-6 NLT

“In everything you do, stay away from complaining and arguing, so that no one can speak a word of blame against you. You are to live clean, innocent lives as children of God in a dark world full of crooked and perverse people. Let your lives shine brightly before them. Hold tightly to the word of life...” Philippians 2:14-16a NLT

Life is full of unwanted circumstances. It is our response to those circumstances that will determine whether our journey will result in lasting growth or a destroyed spirit.

**4<sup>th</sup> and long is an opportunity to see God’s provision and experience spiritual growth.**

“But Moses said, ‘There are 600,000 foot soldiers here with me, and yet you promise them meat for a whole month! Even if we butchered all our folks and herds, would that satisfy them? Even if we caught all the fish in the sea, would that be enough?’ Then the Lord said to Moses, ‘Is there any limit to my power? Now you will see whether or not my word comes true!’” Numbers 11:21-23 NLT

“My brothers and sisters, whenever you face trials of any kind, consider it nothing but joy, because you know that the testing of your faith produces endurance; and let endurance have its full effect, so that you may be mature and complete, lacking in nothing.”  
James 1:2-4 NRSV

Remember in the dark what God has promised you in the light...

- Remember who God is and what He has done.
- Remember God’s promises and His power to do the miraculous.

**Go Deeper:**

- Read Numbers 10-11. How do the events of the Israelites in the desert serve as a cautionary tale? What was the true nature of the Israelites’ offense? How did it go beyond griping about manna and meat?
- Hardship is intended to build trust in God, but in the case of the Israelites, hardship resulted in complaint and unbelief. In what way might God be using hardship to build your trust in him? What is your usual response during difficult moments? How can you begin to choose trust and joy even when you’re in a 4<sup>th</sup> and long?
- How is a 4<sup>th</sup> and long the perfect place for producing spiritual growth and life-altering faith?
- Which pattern would you say is more common for God’s “team”:  
A. Winning throughout the whole game or B. Coming from behind at the last second. Why do you think that is?
- What is hope? Why is hope important? What tempts you to give up on hope? What gives you hope?
- Memorize James 1:2-4 this week.

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