

## SERMON NOTES - JULY 19, 2020

### PRAY ABOUT IT

- **The Problem: We want \_\_\_\_\_.**
  - (Proverbs 12:25, NLT) Worry weights a person down...
  - (Proverbs 12:25, NLT) Worry weights a person down, an encouraging word cheers a person up.
  
- **The Practice: Tell God about \_\_\_\_\_ while you thank Him for \_\_\_\_\_.**
  - (Philippians 4:6, NLT) Do not worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.
  - (1 Peter 5:7, NLT) Give all your worries and cares to God, for he cares for you.
  - (2 Corinthians 1:3, NLT) Let us give thanks to the God and Father of our Lord Jesus Christ, the merciful Father, the God from whom all help comes.
  - (Colossians 4:2, NLT) Devote yourselves to prayer with an alert mind and a thankful heart.
  
- **The Promise: God will give you the peace you \_\_\_\_\_.**
  - (Philippians 4:7a, NLT) Then you will experience God's peace, which exceeds anything we can understand.
  
- **The Possibility: You can live under the protection of God's peace.**
  - (Philippians 4:7b, NLT) His peace will guard your hearts and minds as you live in Christ Jesus.

